The Least of These: Guidelines for Churches in a Pandemic

Preamble

This guidance is meant to help provide some theological and ethical clarity in decision making for churches. While there was significant unity in decisions to limit the spread of COVID-19 and “flatten the curve,” the process of reopening will be far more fraught. These guidelines are given as best practices for each Session to consider.

Guideline #1: Cultural Goals and Christian Goals Must Be Considered Wisely

Scripture: “Do not be conformed to this world, but be transformed by the renewing of your minds, so that you may discern what is the will of God—what is good and acceptable and perfect.” (Romans 12:2)

Recommendations: Since there will be an inevitable diversity in approaches to reopening, it is unreasonable to presume a “one-size-fits-all” approach. Many sectors are driven – rightly so – by economic ends. The church is driven – faithfully so – by different ends. Therefore, we recommend:

- Avoiding a rush back to large group, in-person activities;
- At the bare minimum, wait an additional three Sundays from the time that businesses re-open until your church considers re-opening. This additional time will allow you to see if there is a spike or increase in COVID cases as a result of increased social activity;
- Additionally, keep in mind that it will likely be members of your church who are participating in this increased social activity (e.g. eating out, shopping more freely, etc.) and they will, therefore, be potentially more at risk for contracting and spreading the virus.

Guideline #2: Make Plans with your Most Vulnerable Congregants and Community Members in Mind

Scripture: “Truly I tell you, just as you did it to one of the least of these who are members of my family, you did it to me.” (Matthew 25:40)

Recommendations: The greatest contrast between the church and the rest of society is the church’s explicit goal of seeking and serving “the least of these.” The church defines itself in part by its emphasis as the beloved community, which at times stands apart from a largely individualist Western culture. We will hear guidance – and have already begun to hear it – that sounds something like, “If someone doesn’t feel safe going out, they should choose not to.” The result of such guidance is that the world will belong to the young and healthy, while the older and immunocompromised will be excluded. This clearly goes against our deepest held values as the church. As a result, decisions we make must be predicated with “the least of these” in mind, first and foremost. Session will need to think through the nuances of how they are able to thoughtfully care for their whole community, using the filter of “the least of these” as a primary guide. These issues may include, but aren’t limited to:
• Avoiding groups of more than 50, even if this means having to offer additional worship services and/or find creative ways to spread throughout the entirety of the church building (e.g. simulcasting worship from the sanctuary into a fellowship hall) so that 6-foot social distancing can be enforced at all times.
• Emphasizing the safety of all members of the congregation, including using facemasks, having ample hand sanitizers and hand washing options, and considering taking the temperature of congregants and sending home anyone with even a low-grade fever (99.5 degrees or above).
• Communion protocols, which can range from individual options, or online, at home communion;
• The flow of individuals in and out of the worship space, including entrance and exit points, and eliminating bottlenecks when possible;
• Seriously considering what church spaces can be utilized while still socially distancing, including discouraging communal gathering outside of worship, including food-and-drink centered church activities;
• Disinfecting protocols that ensure all church spaces are appropriately cleaned and sanitized.
• Asserting and reasserting your church’s commitment to the most vulnerable through every form of messaging – newsletters, emails, sermons, etc.

Guideline #3: Don’t Forget About Evangelism and Community Outreach
Scripture: “And Jesus came and said to them, ‘All authority in heaven and on earth has been given to me. Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything that I have commanded you. And remember, I am with you always, to the end of the age.’” (Matthew 28:18-20)
Recommendations: It is easy to think about the congregation you have, and forget about the people God might be calling to your church. Times of existential crisis are often, also, times of spiritual renewal. Do not forget about the community that surrounds your church/congregation.
• Maintain enough space in any activity for guests or visitors to participate without skewing numbers of social distancing into an unhealthy place.
• Prepare to articulate, gently and kindly, why you are utilizing certain practices (e.g. taking temperatures, wearing facemasks); this will be the first way you introduce guests to the character of our God, who looks out for and even identifies with “the least of these.”
• Seek contact information for any visitors, especially email addresses, so they can be included in your congregation’s online programs (see: Guideline #5 below); encourage them to seek out whatever social media your church is using in the same way they sought out the physical church.
• Follow up with visitors through electronic/online means.

Guideline #4: Start Small and Build Bigger
Scripture: “You have been trustworthy in a few things, I will put you in charge of many things; enter into the joy of your master.” (Matthew 25:21)
Recommendations: It’s easy to become myopically focused on just returning to large group, in-person worship. However, we recommend building to this event rather than starting with it. The following recommendations should be undertaken sequentially, allowing for a few weeks
between each increase in activity. In each recommendation there is an assumption that good hygiene and social distancing is still taking place.

- Resume in-person Session/committee meetings.
- Resume in-person youth group/small groups/Bible study meetings.
- Finally, hold worship services, but be prepared to enact the recommendations in Guidelines #2 when you do so.

**Guideline #5: Extend, and Even Enhance, Your Current Digital Practices Even After You Return to In-Person Activities**

*Scripture:* “I am about to do a new thing; now it springs forth, do you not perceive it?” (Isaiah 43:19)

*Recommendations:* The suddenness of the spread of COVID-19 resulted in most churches rapidly developing their best online practices. It was a couple weeks of flurried and frenzied activity as new skills were cultivated. At the time, we might have assumed these practices were mere stop gap measures, but if the above guidance is followed, it is clear that they will now be part of the fabric of congregational life. So...

- Continue to stream/record worship services so congregants who want or must stay home are able to remain engaged and growing in their discipleship.
- Start/Continue to offer online Bible study/prayer groups/etc.
- Keep online giving portals open and active; additionally, encourage people to utilize them, if they are unable to attend in-person activities.
- Create original, online-only content/forms of engagement so that your congregation knows that real relationships – and not just recordings of actual relationships – happen in these places too.

**Guideline #6: Follow legal guidelines**

*Scripture:* “Let every person be subject to the governing authorities; for there is no authority except from God, and those authorities that exist have been instituted by God.” (Romans 13:1)

*Recommendations:* For guidance regarding staffing issues and other legal considerations please see our supplemental document – “Legal Guidance for Churches in a Pandemic,” which will be forthcoming.

**Postlude**

You have been called to be here, at this time, for this purpose. Resist fear. Have faith that your church will rise to new challenges, grow new capacities to do this, and will experience new faith and life in Christ as a result. And know that you are not alone, but are walking together in this complex journey with every one of the 92 churches in this Presbytery, pastors, Sessions, and all of the leaders of the Presbytery. Most of all, God is walking with you, beside you, behind you, around you, and guiding your steps.